

Dilgard Produce



PRODUCT DESCRIPTION

Carrots, Matchstick
2DYS

Pk/Size

1, 5 lb

Dilgard #

P99028

Carrot Facts:

Carrots are an excellent source of beta carotene and contain high amounts of fiber. Beta carotene is important for eyesight, skin health, and normal growth. Carrots have a higher natural sugar content than all other vegetables with the exception of beets. This is why they make a wonderful snack when eaten raw and make a tasty addition to variety of cooked dishes