

Dilgard Produce



PRODUCT DESCRIPTION

70/30 Iceberg/Romaine
w/color

Dilgard #
P99035

Salad Facts: In ancient Egypt, lettuce was sacred to the fertility god Min and considered to be a powerful aphrodisiac. The first representation of salad appeared in paintings on Egyptian tombs in 4500 BC. Lettuce was first eaten by the ancient kings of Persia 2,500 years ago. The ancient Greeks and Romans thought it helped you to have a good night's sleep. The lettuce we see today actually started out as a weed around the Mediterranean basin.