

# Dilgard Produce



## PRODUCT DESCRIPTION

Sunflower seeds shelled

***Dilgard #***

*P00011*

**Sunflower Seed Facts:** Sweet, nutty sunflower seeds are an excellent source of calories, essential fatty acids, vitamins, and minerals. The seeds are mainly employed in the extraction of edible oil at a commercial scale all over the world. Its seeds are eaten as delicious snacks by humans and birds alike!